

***Wesleyan Adult Fitness - Registration Form
Spring 2008 - Lunch & Learn Series***

Name:	
Extension:	
Dept/Address:	
E-mail Address:	

***Please indicate presentation(s) you plan to attend
and return registration form to:***

***Heather Minetti
Physical Education Department
Freeman Athletic Center***

- January 30** **Thinking about starting an exercise program?**
- February 5** **Ovarian Cancer Prevention**
- March 5** **Guided Meditation for Health and Wellbeing**
- April 3** **Memory Matters**

Adult Fitness classes are cancelled on day of Lunch & Learn Series

All programs are available to Wesleyan employees, spouses and domestic partners