

DIVISION OF CONTINUING STUDIES  
**Summer Dance Institute 2005**



F E A T U R I N G

***Liz Lerman***  
***Dance Exchange***

**JUNE 13–17**

Dance is Big: Art-making and Community Building | Words and Movement

**JUNE 20–24**

Dance Intensive for Senior Adults | Dance Deep (3 credit graduate course)

**LIZ LERMAN DANCE EXCHANGE**

Through explosive dancing, personal stories, humor and a company of performers whose ages span six decades, Liz Lerman Dance Exchange stretches the expressive range of contemporary dance. Dance Exchange work takes a variety of forms including formal concerts, audience interaction and community residencies. Choreographer Liz Lerman, a 2002 MacArthur Fellow, founded the company in 1976.

Liz Lerman Dance Exchange will participate in *Middletown Dances!*, a citywide festival, and premiere *Ferocious Beauty: Genome* at the Center for the Arts as the culmination of a year-long, interdisciplinary residency at Wesleyan. Other activities will include workshops at the Green Street Arts Center and a series of public discussions relating to *Genome* and the implications of genetic research.

**WESLEYAN UNIVERSITY DIVISION OF CONTINUING STUDIES**

Wesleyan University's Division of Continuing Studies offers learning opportunities to adult students across a broad range of ages, interests, and academic goals. Learning opportunities include degree programs and credit courses through the Graduate Liberal Studies Program (GLSP), non-credit, courses through the Center for Continuing Studies, and week-long intensive programs, such as the Summer Dance Institute 2005.

WESLEYAN UNIVERSITY'S DIVISION OF CONTINUING STUDIES

# Summer Dance Institute 2005

F E A T U R I N G

## *Liz Lerman* *Dance Exchange*

Break boundaries between stage and audience, theater and community, movement and language, tradition and the unexplored.

Learn tools and techniques for cutting-edge dance making, public art building, and personal growth.

Meet colleagues, build new peer relationships, and make connections for a lifetime.

*Explore the power  
and potential of dance.*

REGISTER BY FRIDAY, JUNE 10, 2005

**JUNE 13-17** Dance is Big: Art-making and Community Building | Words and Movement

**JUNE 20-24** Dance Intensive for Senior Adults | Dance Deep (3 credit graduate course)

*Participants must be 18 or older. Courses subject to change. See reverse side for registration form and additional information.*

For more information, call (860) 685-2900 or visit us on the Web at [www.wesleyan.edu/cnst](http://www.wesleyan.edu/cnst)  
Wesleyan University, Division of Continuing Studies, 284 High Street, Middletown, CT 06459



Pictured on cover: detail of 3 in a White Room.  
Pictured left: Wild Thing. Pictured below: Liz Lerman in Hallelujah!, Martha Wittman in Leap, and a community performance.  
All photos courtesy of Liz Lerman Dance Exchange.



# COURSE SELECTIONS

JUNE 13–17, 2005

## Dance is Big: Art-making and Community Building

Monday–Friday, 9am–5pm | Fee: \$425.00

For people who want to take dance into uncharted territories, this course will explore the process of building community by bringing people together to make and perform dance. A community dance project can build on the histories, identities, and emotions of individuals to create a shared experience that strengthens connections within the group. With an emphasis on concrete tools, this course examines the theory and practice of teaching and choreographing in community settings and imparting the powerful aesthetic and social functions of dance to individuals and groups. Each day starts with physical warm up, including both beginning level and advanced offerings such as yoga, modern, partnering, and improvisation. After warmup, creative sessions explore choreographic methods utilized in Dance Exchange practice. Participants will learn Dance Exchange techniques that support and advance artistic projects in community settings. With experiential work and supporting documentation, they will sample the Dance Exchange's current ToolBox project and gain structures for developing their own toolboxes for dance and community engagement. Opportunity for hands-on experience will include working with youths at the Green Street Arts Center and senior residents of a local care center. This course is open to adults of all abilities and levels of experience, and seeks to bring together professional and pre-professional dancers, community activists, educators, healthcare and recreation workers, and others working in community settings. Liz Lerman Dance Exchange invites active participation for people 55 years of age and older. *Instructors: Peter DiMuro, Elizabeth Johnson, Matt Mahaney, Martha Wittman.*

## Words and Movement

Monday–Friday, 9am–5pm | Fee: \$425.00

This workshop is for anyone who wants more awareness of effective communication and the experience of weaving spoken word with original movement. Actors, school teachers, directors, filmmakers, and liturgical dancers are prime candidates for this class. Each day starts with physical warm up, including both beginning level and advanced offerings such as yoga, modern, partnering, and improvisation. After warmup, creative sessions explore choreographic methods utilized in Dance Exchange practice. Participants will work on writing, storytelling, movement, and choreography for an in-depth exploration of this very particular branch of dance/performance art. Using verbal and movement techniques that function as "jump starts" for creative exploration, participants will create text and movement solos working with physical detail and movement metaphor in multiple combinations. This course is open to adults from any background and experience level who are prepared for focused physical work. *Instructors: Peter DiMuro, Elizabeth Johnson, Matt Mahaney, Martha Wittman.*

JUNE 20–24, 2005

## Dance Intensive for Senior Adults

Monday–Friday, 9am–5pm | Fee: \$425.00

The older dancer is a vibrant mover, creator, and collaborator. In this dance intensive, senior adults are fully immersed in the artistic process: creating, refining, and performing. This course welcomes adults age 55 and up, and no previous dance experience is required. Participants may be adults who dance or danced professionally; danced at an earlier point in their lives and want to be dancing again; enjoy recreational dancing (such as folk, ballroom, or line dancing) and want to explore a broader practice of dance; or are just becoming interested in a structured dance experience. Each day starts with physical warm up, including both beginning level and advanced offerings such as yoga, modern, partnering, and improvisation. After warmup, creative sessions explore choreographic methods utilized in Dance Exchange practice. *Instructors: Liz Lerman, Margot Greenlee, Ted Johnson, Matt Mahaney, Martha Wittman*

## Dance Deep: An Intensive for Dancers, Writers, and Theatre Artists

Monday–Friday, 9am–5pm | Fee: \$1,275.00

This five-day session focuses on dance-making by immersing participants in the sometimes radical approach to making art for which the Dance Exchange has become known. Designed for the advanced practitioner/performers, participants are invited to bring current artistic work or be ready to start something completely new. Each day starts with physical warm up, including both beginning level and advanced offerings such as yoga, modern, partnering, and improvisation. After warm up, creative sessions explore choreographic methods utilized in Dance Exchange practice. Tracking and becoming aware of one's own intuitive compositional approach will also be a major focus of the week's work with participants collaborating across disciplines to discover new writing, speaking, and performing methods. Topics covered in this class will include: stretching your ability to generate choreographic concepts and movement material; building and broadening your individual movement strengths; finding your voice as a performer—both literally and figuratively; making the movement your own when learning ensemble works; collaborating in the art making process; interacting constructively within a company; and preparing for your own next steps. *Instructors: Liz Lerman, Margot Greenlee, Ted Johnson, Matt Mahaney, Martha Wittman.*

**Please note: This is a 3 credit graduate course; a separate registration form is required. For more information, please call the Graduate Liberal Studies program at 860-685-2900, or visit [www.wesleyan.edu/glsp](http://www.wesleyan.edu/glsp).**

An additional evening event will focus on Liz Lerman's Critical Response Process.  
At the end of the week, new performance work will be shared in an informal setting.

**LIZ LERMAN** (B.A. University of Maryland; M.A. George Washington University) is the founding artistic director of Liz Lerman Dance Exchange and is visiting associate professor of dance at Wesleyan University. Her current choreographic project, *Ferocious Beauty: Genome*, is an investigation of the impact of genetic research on our lives. She is author of *Teaching Dance to Senior Adults* (1983) and (with John Borstel) *Critical Response Process: A method for getting useful feedback on anything you make, from dance to dessert* (2003). To find out more about Liz Lerman, the Dance Exchange, and other company members teaching Summer Dance Institute courses, go to [www.danceexchange.org](http://www.danceexchange.org).

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