EAST ASIAN STUDIES OUTREACH PROGRAM 2011-2012

We invite teachers and students to visit the Mansfield Freeman Center for East Asian Studies to participate in our Outreach Program. Students, in small group sessions, will focus on various activities allowing them to explore the cultures of East Asia. All activities are under the direction of an Outreach Coordinator and presented by Wesleyan students who are East Asian Studies majors or students of Asian/Asian American heritage. We are sure our hands-on approach to these area studies will enhance your social studies, language, or other related curriculum.

The program sheet outlines the various activities available. Outreach sessions are scheduled for **FRIDAY AFTERNOONS. Arrival/departure times and program selections should be indicated on the enclosed Outreach Visit Request Form.**

**Fall, 2011:** October 28; November 4, 11, 18; December 2, 9.
**Spring, 2012:** February 3, 10, 17, 24; March 2, 9, 30; April 6, 13, 20, 27.

The dates listed above reflect the Wesleyan academic schedule. Please consider your school’s vacation and holiday schedules when planning your visit. Due to the high demand for this program, we have established a lottery selection process to insure a fair system of participation by interested schools. As a Wesleyan University program, we are also part of the local community. We feel that our primary responsibility should be to schools that constitute this local community. Therefore, we reserve 80% of the openings for local schools (Middletown, Middlefield, Durham and Portland) and the remaining 20% for non-local schools. This division reflects the schools that are both in close physical proximity and historically have supported our program. We will give first pick to the teachers in order of their place on the waiting list from the previous year providing their schools the opportunity to visit.

Your Outreach request needs to be received by **no later than September 23 to be included in the lottery pick.** After this date, if there are openings left, requests will be considered in order of the date received. Confirmation letters will be mailed early enough to allow time for teachers to make necessary arrangements prior to the first Outreach session scheduled for October 28.

To help cover expenses, we request **$35** (checks are made payable to Wesleyan University and are brought with you the day of your visit in an envelope marked for my attention). If you have any further questions, use contact information above or email: outreach@wesleyan.edu.

Sincerely,

Lisa Calhoun
Program Coordinator
OUTREACH PROGRAM PLANNER/ACTIVITIES

Planning your visit to the Center:

Your class's visit will be broken into three activity sessions, each lasting approximately 20 to 30 minutes. Following a brief introduction (and distribution of name tags), the group will be divided into three smaller groups (the teacher should predetermine children to be in each group). Each group will spend 20-30 minutes in each program session, and will then switch with the other sessions. Following the three sessions, the group will reassemble for a brief discussion time. The entire visit will last approximately 1-1/2 hours.

Please use the attached form to select your first and second choice of date and activities pertinent to your class's particular areas of study. Indicate your anticipated arrival/departure times (i.e. 12:00–1:30 p.m, 12:30–2:00 pm). Your form needs to be returned by September 23 when schools will be selected by lottery. You will be sent a letter indicating the date of your visit/or called for an alternate opening. Closer to the date of your visit, the Outreach Coordinator will be in touch with you to work out program details prior to your visit (or you may call 203-685-2330). Keep in mind that some of the activities may be limited and are dependent on the availability of our Wesleyan student teachers.

- **Chinese Lion Dance:** Chinese Lion Dance goes back some one thousand years. The first record of the performance of an early form of the Lion Dance dates to the Zin and Han Dynasties (Third Century B.C.) Chinese Lion Dance is an art form performed every Lunar New Year in Chinatowns around the globe. Students will have the opportunity to hear the rhythmic drum and cymbals, and feel the custom-made paper-mâché lion head from China. After an introduction, details of the music and the martial arts background will also be explained.

- **Food in East Asian Cultures:** This workshop begins in the Center's kitchen as students are guided through preparation of simple dishes from China, Japan and Korea. Discussion centers on how foods such as rice, seaweed and soybeans have played an important role in cooking, ritual, and society in general. Matters of proper Chinese, Japanese and Korean eating etiquette will also be introduced.

- **Japanese Tea Ceremony Demonstration:** In the Center's Gallery, there will be a short explanation about the history, meaning, and steps involved in the Japanese tea ceremony. This will be followed by a demonstration in which the students will have an opportunity to observe and participate in this ancient ritual.

- **Martial Arts:** An appropriately dressed instructor will demonstrate a traditional form of martial arts from East Asia: either Karate (from Japan), Tai Chi (from China), or Tae Kwon-Do (from Korea). The basic philosophy behind the particular form of martial art will be explained. Students will have an opportunity to learn and practice a few basic movements.

- **Music of East Asia:** A short performance of Japanese music on traditional instruments such as *koto* and *shakuhachi*. Chinese instruments such as *dizi* or *guzheng* and *pipa* may also be available.

- **Origami:** Japanese paper-folding.
• **Preschool and Younger Primary:** Our special program for younger children includes a choice of the following activities: using finger paints for learning Japanese or Chinese calligraphy; watching a Japanese cartoon; playing children's games from China and Japan; *kamishibai* (Japanese picture-card story-telling); dressing up in clothes from East Asia; and visiting an authentic Japanese tatami room. *Origami* (Japanese paper-folding) and listening to Japanese music (*koto* or *shakuhachi*) may also be featured.

• **Soranbushi:** Japanese Fisherman Dance: Herring fishing brought thousands of migrant workers to Hokkaido, Japan's northern island, each spring until early this century. Songs accompanied each stage of fishing, such as rowing and net-hauling. “Soranbushi” (“Worker Song”) was sung while transferring the herring from large drift-nets into small taxi boats with giant hand-nets.

The abundant lyrics of the song often are improvised, helping to keep the workers awake during several days without sleep. The Soranbushi music is upbeat, and the dance replicates the motions of the fisherman’s work.

• **Shadow Puppets:** Chinese Shadow Puppetry/ Story Telling: This program combines Chinese children's folk tales and the art of Chinese shadow puppetry. Concepts of how shadow puppetry is performed and the role it plays in Chinese festivals and celebrations will be introduced as the children get to play the roles of the characters in the tales using the shadow puppets and a makeshift shadow puppetry theater.

• **Storytelling and Folk Tales (pre-third grade only):** Storytelling and folktales used to provide a basic cross-cultural comparison of customs, values, etc.

• **Writing and Language:** We will begin with an introduction to the spoken languages with simple phrases in Chinese and Japanese. The workshop also covers the evolution of the characters from ideographs, showing students how a picture of a person or tree came to be the modern character. Students then learn basic Chinese or Japanese calligraphy techniques using brushes and ink and experiment with the languages.
OUTREACH VISIT
REQUEST FORM “LOCAL”
(Middletown, Middlefield, Durham, Portland)

Your Name: ______________________________

School/or Group: ______________________________

Email address: ______________________________

Mailing Address: ______________________________

Work Telephone: __________ Work FAX: __________

Outreach Session Date:
1st choice: ______________________________

2nd choice: ______________________________

Arrival/Departure Times: (i.e. 12:00–1:30 p.m, 12:30–2:00 p.m) Outreach programs scheduled for Friday mornings—overall program is 1-1/2 hours. Please indicate your anticipated arrival and departure times given your school’s schedule.
Number of students in the group (21-24 students maximum for workable sessions). ____

Grade/age of students: ____. Number of adults to accompany your group___________.

Program Activities (Choose three--one alternate--from activity descriptions featured on the Outreach Program, i.e. Martial Arts, Music, etc.)

1. ______________________________________________________
2. ______________________________________________________
3. ______________________________________________________
4. ______________________________________________________

(Alternate activity choice should one of the above requests not be available).

USE ONE FORM FOR EACH VISIT REQUEST

*Those not selected this year will be placed on a pre-selection list for the next year.

Return this form to: Outreach Program, Mansfield Freeman Center for East Asian Studies, 343 Washington Terrace, Middletown, CT 06459-0435.

Questions: outreach@wesleyan.edu, 860-685-2330, FAX 860-685-2331

To cover expenses, we request an activities fee of $35. Checks are made payable to Wesleyan University and brought with you the day of your visit.
OUTREACH VISIT
REQUEST FORM “OTHER”

Your Name: ________________________________________________________________

School/or Group ____________________________________________________________

Email Address: ______________________________________________________________

Mailing Address: _____________________________________________________________

Work Telephone: __________________________ Work FAX: __________________________

Outreach Session Date:
1st choice: __________________________________________________________________
2nd choice: __________________________________________________________________

Arrival/Departure Times: (i.e. 12:00–1:30 p.m, 12:30–2:00 pm) Outreach programs scheduled for Friday mornings—overall program is 1-1/2 hours. Please indicate your anticipated arrival and departure times given your school's schedule.

____________________________________________________________________________

Number of students in the group (21-24 students maximum for workable sessions). _____

Grade/age of students: ____ Number of adults to accompany your group _____________. 
Program Activities (Choose three--one alternate--from activity descriptions featured on the Outreach Program, i.e. Martial Arts, Music, etc.)

1. ________________________________________________________________

2. ________________________________________________________________

3. ________________________________________________________________

4. ________________________________________________________________

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