FLIP VIDEO CAMCORDER

Please refer to the Components guide for reference

Recording Videos
1. Press record button to start/stop.
2. Press up/down buttons to zoom in/out. + -

Playing Videos
1. Press play button to start/pause.
2. Press left/right buttons to view previous/next. Hold left/right button during playback to rewind/fast-forward.

Deleting Videos
1. Press delete button. Select YES to confirm.

Uploading and Locating Video on Computer
1. Connect to computer. Slide USB latch down. USB arm flips up automatically.
2. Plug arm into USB port on computer. The camcorder will begin recharging the battery pack.
3. Open FLIPVIDEO icon on the desktop and go to the DCIM folder. Locate the movie(s)
4. Drag the movie icon(s) into desired location to copy them into your computer.

Basic Movie Editing in QuickTime
1. Open movie in QT, from the File menu choose Export.
2. From the Export: pulldown menu choose Movie to QuickTime Movie.
3. Click on Options. You will see a screen as below:

![Video Settings](image)

4. To achieve the desired Movie Settings click on each of the following and program:
   - **Video Settings** – Compression Type MPEG-4 Video
     - Frame Rate 30
     - Key Frames Every 90 frames
     - Data Rate Restrict to 750 kbits/sec
     - Compressor Quality Medium or High
   - **Video Size** - Dimensions: Custom 640 x 360
   - **Sound Settings** - Format: IMA 4:1
     - Channels: Mono
     - Rate 32,000 kHz
     - Quality: Better
   - Check Prepare for Internet Streaming and choose Hinted Streaming.
   - Click OK.

5. Make sure the movie is saved on the desktop and Save.

**Importing Video Files into iMovie**

1. Open iMovie. Choose Create a New Project. Name your Project, and make sure you save it on the desktop.
2. From the File menu choose Import, locate the movie you need and click open.