Recycling guidelines for Middletown CT’s Sanitation District

Please DON’T recycle this dirty dozen!

• PLASTIC BAGS. They jam up the recycling machinery! *(Instead, recycle at a grocery store)*
• NON-RECYCLABLE PLASTIC like bottle caps, plastic wrap, toys and Styrofoam peanuts.
• LIQUIDS — empty liquids from all recyclable containers.
• CERAMICS OR GLASS that isn’t a bottle or jar (no mirrors, light bulbs, broken glass).
• DIAPERS and other sanitary materials.
• HAZARDOUS WASTE like paint, oil, and batteries *(bring to a special hazardous recycle day)*.
• SCRAP METAL like pots, pans and hangers.
• PIZZA AND PASTRY BOXES because they are contaminated with grease and food scraps.
• DIRTY PAPER like paper towels, napkins, tissues, or paper used for pets.
• YARD WASTE like leaves and dirt *(instead, try composting them)*.
• ELECTRONICS like headphones or cell phones *(instead, bring to the recycle center)*.
• ITEMS IN PLASTIC BAGS. Bags are #1 on this list, so don’t tie anything up in them!

Please DO recycle these items (and here’s how):

In a blue recycle bin:
• #1 to #7 plastic containers *(rinse and remove caps)*
• Juice boxes and milk or juice containers *(remove caps and straws)*
• Glass food and drink jars and bottles *(rinse and remove caps)*
• Metal food cans *(rinse)* and aluminum soda cans
• Aluminum foil and pie plates *(clean)*

In a separate blue bin or paper bag:
• All paper *(no books)*

Bundled and tied:
• Corrugated cardboard

These guidelines are for the Middletown, CT Sanitation District, which is not yet set up for single-stream collection (even though materials are recycled single-stream). Every town recycles differently; call your city hall to find out what and now to recycle in your town.