

## Community Resources for Abortion Care

### Planned Parenthood of Southern New England

To schedule an appointment online visit [www.ppsne.org](http://www.ppsne.org) or by telephone at #877-529-3689

Procedural Abortion Sites (Up to 19 weeks, 6 days): West Hartford, New Haven, Norwich, Stamford and Providence

Medication Abortion Sites (Up to 11 weeks): Meriden, West Hartford, Manchester, Hartford North, Enfield, Bridgeport, Danbury, New Haven, New London, Norwich, Providence, Stamford, Torrington, Waterbury and Willimantic and

#### Payment Information:

- Most insurance plans provide some abortion coverage, including the Student Health Plan through Wellfleet. PPSNE can collect insurance information to check on coverage for you.
- Estimate for out-of-pocket cost:
  - Medication Abortion: \$550-\$650
  - Procedural Abortion: \$615-\$1000
- PPSNE has access to some grants and funding for abortion care, please discuss your need for assistance while scheduling your appointment.
- Payment is expected at the time of service.

### **The Women's Center- Hartford GYN 701 Cottage Grove Road Unit C110 Bloomfield, CT 06002**

To schedule an appointment online visit

<https://www.thewomenscenters.com/hartfordgynecenter/> or by telephone at #860-525-1900

Procedural Abortion (up to 24 weeks) and Medication Abortion (up to 11 weeks)

#### Payment Information:

- Husky, Private Insurance and Out of pocket options available
- Hartford GYN has access to some grants and funding for abortion care, please discuss your need for assistance while scheduling your appointment.
- Payment is expected at the time of service.

## About Abortion Care

### Abortion Pill/Medication Abortion (up to 11 weeks):

- Terminating a pregnancy by taking a combination of two different medications: Mifepristone + Misoprostol. You can also use Misoprostol alone to have an abortion.
- Mifepristone blocks your body's own progesterone, stopping the pregnancy from growing.
- Misoprostol causes cramping and bleeding to empty your uterus. Taking this medication is similar to having a really heavy, crampy period and the process is very similar to a miscarriage.
- The abortion pill is very effective. If you're taking Mifepristone + Misoprostol, efficacy depends on how far along the pregnancy is and how many doses of medicine you take.
  - At 8 weeks pregnant or less, it works about 94-98% of the time
  - At 8-9 weeks pregnant, it works about 94-96% of the time
  - At 9-10 weeks pregnant, it works about 91-93% of the time
    - If you take an extra dose of misoprostol, it works about 99% of the time
  - At 10-11 weeks pregnant, it works about 87% of the time.
    - If you take an extra dose of misoprostol, it works about 98% of the time
  - In general, taking both mifepristone and misoprostol works better than taking misoprostol only. Taking misoprostol alone works to end the pregnancy about 85-95% of the time.
- It's important to follow-up after your procedure to confirm a complete abortion.

### Procedural/In-Clinic Abortion:

- Terminating a pregnancy by using suction to take a pregnancy out of your uterus.
- There are two types of in-clinic abortion procedures.
  - Suction Abortion (vacuum aspiration) is the most common type of procedure that uses gentle suction to empty your uterus. It's usually used until about 14-16 weeks after your last period.
  - Dilation & Evacuation (D&E) uses suction and medical tools to empty your uterus. It's usually used if it has been 16 weeks or longer since your last period.
- In-clinic abortions are very safe and effective. They work more than 99% of the time and needing to repeat the procedure because the abortion didn't work is rare.
- There is typically no follow-up required after a procedural abortion.

## Additional Support Resources:

Wesleyan Doula Project: <https://wesleyandoulaproject.org/>

Catholics for Choice: <https://www.catholicsforchoice.org/>

Exhale- Prochoice Voice: <https://exhaleprovoice.org/>