Whether you are the parent of a sophomore, junior, or senior it is never too early, or too late, to help your student begin planning for the future. Individual career advising appointments, workshops, and programs offered by the Career Center are a great way to help students make informed decisions regarding internships, graduate or professional school, and the transition to life after college. This timeline suggests a general structure you can use to help guide your student’s career planning at Wesleyan. Individual timelines may vary.

**Sophomore Year**

**Get Ready...**

*The Career Center can help to identify skills and interests so your student can explore related majors.*

- Explore new or different student organizations to further define or broaden interests, and build a network of friends and colleagues.
- Meet with a Career Counselor to assess career-related interests, skills, and values, and to develop a career action plan.
- Begin to draft your resume. Build a profile on LinkedIn and follow people and organizations of interest.
- Test emerging career interests through internships, part-time or summer jobs, WEShadow and volunteer opportunities.
- Learn how to network and actively explore careers by attending Connect@WES: Creating Connections.

**Junior Year**

**Get Set...**

*Time to broaden experience and skills and deepen knowledge of different careers.*

- Meet with a Career Counselor to discuss plans for after Wesleyan.
- Conduct informational interviews for career exploration and attend Connect@WES to practice networking.
- Gain experience and sharpen skills related to career interests through internships, volunteer opportunities and the WEShadow program.
- Update your resume and LinkedIn profile.
- Begin preparations for graduate or professional school—collect letters of reference, prepare for the appropriate standardized test, and research programs.
- Attend the pre-med or pre-law info session if you plan to attend medical school or law school.

**Senior Year**

**GO!**

*Urge your student to job search early or to start application procedures for grad or professional school.*

- Attend Senior Meeting in September!
- Meet with a Career Counselor to create a transition plan.
- Use LinkedIn and WesConnect to find alumni in organizations of interest and schedule informational interviews.
- Check out On-Campus Recruiting.
- Research fields of interest and attend employer information sessions.
- Compile a list of networking contacts. Perfect your personal pitch by attending Connect@WES.
- Schedule a Mock Interview during the fall and spring semesters.
- Prepare graduate and professional school applications and take standardized tests.