

Revised 11/12/2016 / SEK									
	Last Name	First Name	Contact Info:	Walkable? Accepting? When/Date?	Wait Time? More than Once per week?	Client populations/specialties?	Eval.	Insurances accepted?	Sliding Scale offered ?
1	Augeri, APRN	Francine	79 Mill Street, Suite 101 P: 860-613-0097	W: A: D:	T: O:	Medication Management for adults (17+) / Anxiety and Mood disorders			
2	Bank, Ph.D.	Stephen	267 William Street P: 860-490-6788/490-6788	W: Yes A: D:	T: O:	Adolescents/Young Adults		No / \$180 per hour	
3	Barcewicz, Psy.D.	Elizabeth	Connecticut Behavioral Health 673 South Main Street Cheshire, CT 06410 P: 203-271-1430 F: 203-271-1430 drlizbarcewicz@gmail.com	W: No A: Yes D:	T: 1 weeks O: Yes	Anxiety, Depression, Eating Disorders Call Denise at the front desk and ask to schedule appointment with a psychologist. We have several male and female psychologists on staff.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, UnitedHealthcare of New England - HMO, Beacon Health, Optum, Harvard Pilgrim	Yes
4	Bleyer, Ph.D.	Rosemary	154 College Street. Middletown P: 860-347-1415 F: bleyer.r@gmail.com	W: Yes A: Yes D:	T: Depending on scheduling O: No	Generalist practice of over 30 years. Cognitive- behavioral therapy and mindfulness interventions. Trained in DBT and EMDR.	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS	No

5	Chapman, Ph.D.	Clara F.	11 South Main Street (on the corner of South Main + Church Streets) Middletown, CT 06457 clarachapm@gmail.com P: 860-346-7879 F: 860-344-1301	W: Yes A: Yes D: 7/7/15	T: 1 week O: Yes	Anxiety, depression, family and relationship issues	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Value Options, Husky	Yes
6	Cloud, MA, LCSW	Lloyd	Lloyd Cloud Therapy Services, LLC 363 Main Street Suite 512, Middletown, CT 06457 lecloud@comcast.net P: 860-301-1664 F: 860-638-2158	W: Yes A: Yes D: 6/1/15	T: 1 week O: Yes	Serve ages 18 to 65; specialty in Trauma Treatment with EMDR and Hypnosis, PTSD and other Anxiety Disorders, Mood Disorders and Psychotic Disorders	No	Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - POS, UnitedHealthcare of New England - HMO, CT Medicaid	Yes
7	Cooper, LPC	Jane R.	600 Plaza Middlesex 120 College Street Middletown, CT 06457 jrcoop59@gmail.com P: 860-346-8889	W: Yes A: Yes D:	T: 1 week O: Yes	anxiety and depression LGBTQ Post-traumatic Stress Disorder family issues eating disorders	Yes	Aetna Health - HMO, & POS, Anthem Blue Cross and Blue Shield in CT - HMO, & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Healthy CT, HUSKY (Medicaid)	Yes

8	Daniels, Psy.D.	Kimberly	682 Prospect Ave. Hartford, CT 06105 kdanielspsy@gmail.com P: 860-231-2227 F: 860-231-2227	W: No A: Yes D:	T: 3 weeks O: Yes	Eating disorders, obesity, weight loss, mood disorders.	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes
9	Degling	Andrew	147 Main Street AndyDegling@gmail.com P: 860.944.1171	W: Yes A: Yes D: 9/1/15	T: 2 week O: Yes	anxiety, depression, ADD, anger management.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS	Yes
10	Engelhardt, LCSW	Richard	770 Saybrook Road P: 860-484-3937	W: A: D:	T: O:	CBT for anxiety, EMDR for PTSD			
11	Fitzgerald, LCSW	Diane	264 Main Street Portland, CT 06480 P: 860-894-2384 F: 860-894-2685 Dfitzlcsw@gmail.com	W: No A: Yes D:	T: 1 weeks O: Yes	Children, Adolescents and Adults & Substance Abuse	Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Medicaid A & B	Yes
12	Fontanella	Jill E.	79 Mill St. Middletown, Ct. 06457 jillfonto@gmail.com P: 203-213-9078 F: 860-349-0324	W: Yes A: Yes D: 6/17/15	T: 1 week O: Yes	Licensed Alcohol and Drug Counselor. Licensed Clinical Social Worker. Work with individuals ages 10 and up. I have a prescriber in my practice.	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes

13	Grisham	Donna	267 William Street Middletown, CT 06457 CTdonnagrisham@sbcglobal.net P: 860-965-3570	W: Yes A: Yes D:	T: 1 week O: Yes	Substance abuse, EFT, & CBT		Aetna, Anthem, & UBH	Yes
14	Hameline-Kaszny, LMFT	Susan	267 William St. Middletown, CT 06457 susan@kasznay.com P: 860-989-5229 F: 860-347-0367	W: Yes A: Yes D: 2/11/15	T: 1 week O: Yes	Anxiety, depression, women's issues, couples/family therapy, substance abuse	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes
15	Houghtaling, LCSW	Virginia	770 Old Saybrook Road, Suite B P: 860-343-5385 F: 860-343-5391	W: No A: Yes D:	T: 2 weeks (1 week - sometimes) O: Yes	Anxiety, Depression, Young Adult/College Life Issues, LGBTQ issues, Loss/Grief Issues, EMDR trained, & Trauma Recovery	No	Aetna Health - HMO, & POS, Anthem Blue Cross and Blue Shield in CT - HMO, & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Healthy CT, & Cigna HealthCare of CT - HMO & POS (Only out of network.)	Yes
16	Jamon	Tiffany	79 Mill Street P: 860-910-8156 F: 844-767-4448 Tiffany.jamon@gmail.com	W: Yes A: Yes D:	T: 1 weeks O: Yes	Adolescent/Adult Specialty: Substance use/dependence, depression, & anxiety	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Healthy CT	No

17	Jason	Lindsey	79 Mill Street Middletown CT 06547 P: 860-263-9273 F: 844-767-4448 lindseybjason@gmail.com	W: Yes A: Yes D:	T: 1 weeks O: Yes	Eating disorders, body image, depression, anxiety, & trauma. Day and evening hours available	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, HUSKY	No
18	Jones, Ph.D., LPC, LLC	Julie K.	79 Mill Street Suite 202 West Middletown, CT 06457 jjones92@comcast.net P: 860-930-3598 www.juliekjonestherapy.com	W: Yes A: Yes D:	T: 1 week O: Yes	Holistic counseling, depression/anxiety, bipolar illness, PTSD, OCD, stress management, ADHD, women's issues, transitional issues Young women and adolescents	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Husky A, B, C and D and Healthy CT	No
19	Maule LLC, LPC, NCC	Andrea B	Middletown Business Park 460 Smith Street Middletown, CT 06457 P: 860-999-3868 Andreabmaulellc@hotmail.com	W: No A: Yes D:	T: 1 Week O: Yes	Over 12 years of professional counseling services working with adolescents through adulthood.	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS	No
20	McMullen, LCSW	Paige	79 Mill Street Suite 202 West Middletown, CT 06457 P: 860-930-3598 F: 860-909-0366 jjones92@comcast.net	W: Yes A: Yes D: 9/1/15	T: 1 Week O: Yes	Adolescent Girls, young women (ages 12-35) Depression, Anxiety, Self-esteem and identity issues, Mood Disorders	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Husky, Healthy CT	Yes
21	Meyer	Jessica	100 Riverview Center Suite 318 Middletown, CT 06457 P: 860.797.5380 jessmeyer@gmail.com	W: Yes A: Yes D:	T: Variable O: No	Depression, Anxiety, Trauma, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Mindfulness meditation	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS	Yes

22	Mills	Marilyn	138 Broad ST P: 860-347-7320 F: 860-344-8801	W: Yes A: NO D: 1/1/2016	T: 1 Week O: Yes	social problems sexual concerns / orientation / identification depression family dysfunction / pressure childhood abuse ADD / ADHD anxiety	No	check. cash, Husky, out of network	Yes
23	Murray-Lane, LCSW	Barbara	140 Washington Street Middletown, Ct 06457 P: 860-526-4234 F: 860-347-4215 barbaramurraylane@hotmail.com	W: Yes A: Yes D:	T: 1 Week O: Yes	Women only Anxiety/Depression/Adjustm ent Issues website: barbaramurraylane- LCSW.com	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Husky	Yes
24	Offner, LCSW	Joan E.	100 Riverview Center Suite 303 Middletown, CT 06457 P: 860-347-0714 F: 860-347-0714 joanoffner@sbcglobal.net	W: Yes A: Yes D:	T: 2 Week O: Yes	adult population specialties: issues involving adjustment, anxiety, depression, sexual orientation, relationship, individuation, family of origin (note: no substance abuse, personality disorders, eating disorders)	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, client will have to confirm provider participation since insurance panels may change	No

25	Pera, LCSW	Vanessa	438 Main Street, Suite 301 Middletown, CT P: 860-834-1018 F: 860-545-7302 vmpera@hotmail.com	W: Yes A: Yes D:	T: 2 weeks O: Yes	My theoretical orientation is integrative, which means I use a mixture of cognitive behavioral, solution focused, mindfulness, stress management and insight oriented techniques. My style is warm and interactive. I provide ongoing feedback as well as suggesting activities to do between appointments. ADHD, Anxiety, Anger Management, Behavioral Issues, Bipolar Disorder, Career Counseling, Chronic Impulsivity, Depression, Developmental Disorders, Divorce, Family Conflict, Grief, Infidelity, Obsessive-Compulsive (OCD), Peer Relationships, Self Esteem, Sexual Abuse, Sexual Addiction, Sleep or Insomnia, Spirituality, &	Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Medicaid	Yes
26	Peterman, PhD	Susan	267 William Street Middletown, CT 10 N. Main St, Suite 204 West Hartford, CT SusanEPetermanPhD@gmail.com P: 860 233-8111 F: 860-236-2016 SusanEPetermanPhD.com	W: Yes A: Yes D:	T: 1 week O: Yes	I have worked with children, adolescents and adults who are dealing with depression, anxiety, eating disorders, addictions, relationship problems, stress, and trauma. i work with individuals, couples and families, and offer group therapy. I also work with people on career development issues, and am an affiliate for The Highlands Company.	No	Out of Network coverage	Yes

27	Peterson	Wendy Levin	267 William Street Middletown, Ct 06457 wendypetersonaprn@gmail.com P: 860-231-2381 F: 860-231-2381	W: Yes A: Yes D: 1/26/15	T: 2 weeks O: Yes	I treat all psychiatric diagnoses including depression, anxiety, mood disorders, PTSD, ADD and personality disorders. I have had a lot of experience with college age patients and prefer this population.	Yes	No	No
28	Ram , LMFT, LLC	Heather	198 South Main Street Middletown, CT 06457 ram.heather@gmail.com P: 860-305-4500 F: 860-349-9654	W: Yes A: Yes D: 6/1/15	T: 1 week O: Yes	Multiethnic populations, lifestyle adjustment, stress and mood management, balanced solution focused approach.	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, Medicaid	No
29	Reynolds, Ph.D.	Robert	770 Saybrook Road, Building B Middletown, CT 06457 P: 860-343-0227 F: 86-343-8511	W: A: D:	T: O:	Focused ADD testing		Special \$500 rate for Wesleyan students \$200 per hour for Neurofeedback	
30	Ringwald, Ph.D.	John	600 Plaza Middlesex 120 College Street Middletown, CT 06457 jwringwald@gmail.com P: 203-776-4910	W: Yes A: Yes D:	T: 1 week O: Yes	Individual psychotherapy Couple Psychotherapy/ Emotionally Focused Therapy	No		Yes
31	Robbins, Ph.D.	Deena	770 Old Saybrook Road, Suite B P: 860-344-9616	W: A: D:	T: O:				

32	Russolillo, Ph.D	Patrick	154 College Street Middletown, CT patrj74@aol.com P: 860-344-9694 F: 860-346-2947	W: Yes A: Yes D: 6/29/15	T: 2 weeks O: Yes	Anxiety, Learning disorders, ADHD, Impulse control problems, depression	Yes	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes
33	Sawka	Alane	769 Newfield Street Suite 2 P: (860)830-8866 F: (860)740- 6132 alanesawkalcsw@gmail.com	W: Yes A: Yes D:	T: 2 weeks O: Yes	Trauma- Trained in EMDR I use a very holistic approach to treatment. I focus on mindfulness skills and incorporate DBT skills when appropriate. I have experience treating various conditions including trauma, anxiety, and depression.	Yes	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Medicaid/ Husky	Yes