Middletown Medication Providers

Wendy Peterson, APRN
267 William Street (walking distance from campus)
T: 860-231-2381
W: www.wendypetersonaprn.com
- Psychotherapy and medication management for clients 14+ for all psychiatric diagnoses
- Out of network provider

Center for Behavioral Health, Middlesex Hospital
131 S. Main Street
Call 860-358-8825 for intake coordinator
- Therapy and medication management
- Most insurances accepted

Community Health Center
675 Main Street (walking distance)
T: 860-347-6971 X4155 ask for “Access to care”
Hours Monday-Thursday 8-7:00, Friday 8-5:00.
- New clients first need to be seen by a medical provider who can refer for therapy and medication management
- Husky insurance accepted, sliding fee accepted

Gilead Community Services
230 Main Street Extension
860-343-5303
- Therapy and medication management for adults
- All major insurances accepted

Medication Providers outside Middletown

Supportive Solutions Behavioral Health and Wellness, LLC
https://supportivesolutions.org/

Northpoint Psychiatric (located on Main Street)
https://www.northpointpsychiatry.com/contact

Francine Augeri, APRN
1 Willowbrook Road
Cromwell, CT 06416
T: (833) 549-1001
- Medication management for adults 17+/Anxiety and Mood disorders
- Accepts Aetna, Anthem BlueCross BlueShield, Cigna, ConnectiCare, & Husky
Alina Schneider, APRN
Center for Holistic Healthcare
1420 Main St Suite 124,
Glastonbury, CT 06033
T: 860-421-9833
-  https://ctrforholistichealthcare.com/our-team/
-  Accepts Husky, Anthem, Aetna, & Cigna

Susan Marie Brown, APRN
357 Whitney Avenue, #105, New Haven
(203)275-0880
-  Does not accept insurance

Danielle Morgan, APRN
T: 203-772-1077
Offices in New Haven and Guilford
Accepts Aetna, Cigna, Anthem, and Magellan (Yale preferred) insurances

Frank John Ninivaggi, MD
200 Orchard Street, #308,
New Haven, CT
T: 203-904-2358
-  Does not accept insurance, provides insurance paperwork (i.e. Superbill)

Neuropsychological/Psychoeducational Testing

Small Victories Wellness Services, PLLC
360 Main St, Suite 2D Middletown, CT 06457
Email: connect@smallvictorieswellness.com
Call or Text: +1 (860) 248-6046
Fax: +1 (844) 264-0237
Insurance: Aetna; Other private insurances - PENDING. Please call for more information)

Connecticut Psychiatric & Wellness Center
https://www.ctpsychwellness.com/
Connecticut Psychiatric & Wellness Center, Hamden, CT
Phone (appointments): 203-298-9005 | Phone (general inquiries): 203-298-9005
Address: 2446 Whitney Avenue, Second Floor, Hamden, CT 06525
Connecticut Psychiatric & Wellness Center, Woodbridge, CT
Phone (appointments): 203-298-9005 | Phone (general inquiries): 203-298-9005
Address: 1 Bradley Road, Suite 403-405, Woodbridge, CT 06525
- “Services may be covered in full or in part by your health insurance or employee benefit plan (https://www.ctpsychwellness.com/contents/patient-information/rates-insurance).”

**Hop Brook Counseling Center**
530 Middlebury Road  
Suite 210B  
Middlebury, CT 06762  

1187 Queen Street  
Southington, CT 06489  
Tel: 203-518-5380  
Fax: 203-490-4242  
[https://www.hopbrookcc.com/services](https://www.hopbrookcc.com/services)
- Takes Husky, Cigna and most private insurances
- Offers ADHD evaluations and ongoing services once their new APRN starts 10/4th

**Staltaro Psychological Services**
96 Connecticut Blvd, East Hartford, CT 06108  
Phone: (860) 502-4908  
Text: (860) 386-5010  
- Psychotherapy and Neuropsychological Testing for Children and Adults.  
- Husky & Most Other Insurances Accepted  
- Evening & Weekend Appointments

**Apex Psychological Services**
260 Amity Rd. Suite 202, Woodbridge, CT 06525  
(203)298-4572  
Fax | (203) 298-9007  
Email | [forenpysd@gmail.com](mailto:forenpysd@gmail.com)

**BEAN Behavioral Health**
642 Hilliard Street, Suite 1307, Manchester, CT 06042, US  
(860) 325-2575  
We accept the following insurance plans: Husky/Medicaid, Anthem / Blue Cross/Blue Shield, United Health, Cigna, and Aetna.  
** For insurances we do not currently accept, we are able to provide you with an invoice that you can submit for reimbursement.

**Serenity Wellness**
388 E Main St  
Branford, CT 06405  
T: 860-975-7455  
E: serenitywellnessbranford@serenitywellness.company  
F: 860-254-6681  
- Offers ADHD evaluations, ongoing med mgmt, & telehealth-related services
- Takes Cigna, Aetna, Anthem BCBS, CT Medicaid/Husky Health, and many other
  companies (https://serenitywellness.company/health-insurance/)

**Center for NeuroPotential**
144 North Main St.
Branford, CT 06405
T: **475-221-8142**
E: contact@centerforneuropotential.com
- Offers neuropsychological evaluations, QEEG guided Neurofeedback, and counseling
  services.
- Takes Anthem Blue Cross/Blue Shield, Husky, and out-of-network benefits.

**Mary White-Roath, Ed.D**
Integrated Assessment Associates
16 Brace Road,
West Hartford, 06107
T: (860) 256 – 7092
E: drwhiteroath@marywhiteroath.com
E: roath@comcast.net

**Clarus Health Alliance**
[http://clarushealthalliance.com](http://clarushealthalliance.com)

**West Hartford Office**
10 North Main Street, Suite 303
West Hartford, CT 06107
Phone: 860.889.7274
Fax: 860.889.2131

**Norwich Office**
40 Connecticut Avenue
Norwich, CT, 06360
Phone: 860.889.7274
Fax: 860.889.2131

**The Psychological Services Clinic @ UCONN**
Department of Psychological Sciences
University of Connecticut
Bousfield Building Annex, 2nd Floor
406 Babbidge Road, Unit 1020
Storrs, CT 06269-1020
T: 860-486-2642
F: 860-486-4848

**Northeast Neuropsychology, LLC**

*Cheshire Office:*
609 West Johnson Avenue • Suite 104
Cheshire, Connecticut 06410
Comprehensive Neuropsychological Services, P.C.
1095 South Main Street Cheshire, Connecticut 06410
Tel: 203-271-3809
Fax: 203-272-6968
www.clinicalneuropsych.com
CNS participates with nearly all private insurance carriers as well as Husky, and we offer in-office and telehealth modalities depending on patients' preferences and clinical needs.

Telehealth Providers

Alma - https://helloalma.com/ - Request a consultation with specific providers to share your goals for therapy and learn more about how they might help you achieve them.

https://www.hhhcenter.com/ - Holistic Health & Healing Center - in network Cigna, Husky, Optum, BlueCross BlueShield, Anthem, Magellan - therapy only

growththerapy.com - all insurances - meds and therapy - seems to be just starting out, not many providers on the search for CT

joinlavender.com - NY, MA, NJ - all insurances, meds and therapy in one session, all NPs - could be good for students over breaks

Brightside online psychiatry - www.brightside.com - all insurances, subscription psychiatry and therapy packages, anxiety and depression only, they mail prescriptions to you - consults are 15 min only, not a good option for high risk/complex

get.cerebral.com - all insurances - meds + coaching, meds + therapy, or therapy only packages.

https://khealth.com/ - K Health is a telemedicine platform. It offers affordable primary and urgent care and mental health and pediatrics services online. A person can access board certified doctors 24-7 through K Health and get prescriptions and refills on the go.

Talkspace.com - all insurances, meds and therapy

Forhers.com/psychiatry - anxiety and depression subscription service, mails meds to you, NOT a full evaluation - many visits done through questionnaires only, not a good option for high risk/complex
**Talkiatry.com** - all psychiatry, in network with all insurances, no therapy services, more traditional model

**RIVIA Mind**
- 274 Madison Avenue, Suite 1501 New York, NY 10016
- 2125 Biscayne Blvd., Miami, FL 33137
- 13 Alan Terrace, Jersey City, NJ 07306
- 500 Post Road E., Westport, CT 06880

Email: info@riviamind.com

T: (212) 203-1773
F: (646) 665-4427