



## Recycling guidelines for Middletown CT's Sanitation District

### Please **DON'T** recycle this dirty dozen!

- **PLASTIC BAGS.** They jam up the recycling machinery! (*Instead, recycle at a grocery store*)
- **NON-RECYCLABLE PLASTIC** like bottle caps, plastic wrap, toys and Styrofoam peanuts.
- **LIQUIDS** — empty liquids from all recyclable containers.
- **CERAMICS OR GLASS** that isn't a bottle or jar (no mirrors, light bulbs, broken glass).
- **DIAPERS** and other sanitary materials.
- **HAZARDOUS WASTE** like paint, oil, and batteries (*bring to a special hazardous recycle day*).
- **SCRAP METAL** like pots, pans and hangers.
- **PIZZA AND PASTRY BOXES** because they are contaminated with grease and food scraps.
- **DIRTY PAPER** like paper towels, napkins, tissues, or paper used for pets.
- **YARD WASTE** like leaves and dirt (*instead, try composting them*).
- **ELECTRONICS** like headphones or cell phones (*instead, bring to the recycle center*).
- **ITEMS IN PLASTIC BAGS.** Bags are #1 on this list, so don't tie anything up in them!

### Please **DO** recycle these items (and here's how):

#### In a blue recycle bin:

- **#1 to #7 plastic containers** (rinse and remove caps)
- **Juice boxes and milk or juice containers** (remove caps and straws)
- **Glass food and drink jars and bottles** (rinse and remove caps)
- **Metal food cans (rinse) and aluminum soda cans**
- **Aluminum foil and pie plates** (clean)

#### In a separate blue bin or paper bag:

- **All paper** (no books)

#### Bundled and tied:

- **Corrugated cardboard**



These guidelines are for the **Middletown, CT** Sanitation District, which is not yet set up for single-stream *collection* (even though materials are recycled single-stream). Every town recycles differently; call your city hall to find out what and how to recycle in your town.