# Disordered Eating Resources & Support

| Davison Health Services Davison Health Center 327 High St (860) 685-2470 | • Healthy Eating Initial Consult w/Dr. Daponte  
• Nutrition Services w/Sue Gebo (Registered Dietitian)  
• Urgent (same-day) appointment scheduling  
• After-hours on call (860) 685-2470  
• [https://www.wesleyan.edu/healthservices/office/referral.html](https://www.wesleyan.edu/healthservices/office/referral.html) |
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| Counseling & Psychological Services (CAPS) Davison Health Center 327 High St (2nd Floor) (860) 685-2910 | • Short-term counseling  
• Crisis support  
• After-hours on call (860) 685-2910  
• [https://www.wesleyan.edu/caps/education/eating.html](https://www.wesleyan.edu/caps/education/eating.html)  
• [https://www.wesleyan.edu/caps/community_resources.html](https://www.wesleyan.edu/caps/community_resources.html) |
| Café Bon Appetit | • Daniele Rossner, Register Dietitian  
[Daniele.Rossner@cafebonappetit.com](mailto:Daniele.Rossner@cafebonappetit.com)  
[For dining related questions]  
• Ask the Wellness Team  
[For questions about nutrition or the foods served] |
| Crisis Text Line | • Text CONNECT to 741741 in the US  
[Crisis Text Line is free, 24/7 support for those in crisis, connecting people in crisis to trained Crisis Counselors.] |
| SMART Recovery | • Regional Meeting:  
Ages 18-24; Wed. @ 6pm  
Trinity College, Trinity Commons Bldg. Room 142  
240 New Britain Ave.  
Hartford, CT  
Contact: Pamela Mulready  
Pamela.Mulready@trincoll.edu |
| National Eating Disorders Association (NEDA) | • [https://www.nationaleatingdisorders.org/](https://www.nationaleatingdisorders.org/)  
• Helpline: (800) 931-2237 |
| Anorexics and Bulimics Anonymous (ABA) | • [http://aba12steps.org/](http://aba12steps.org/) |
• Helpline: (630) 577-1330  
• [Request a Recovery Mentor](#)  
• Regional Meeting:  
Sunday @ Noon  
Bass Library  
110 Wall St, L30C  
New Haven, CT  
Contact: Margaret  
(860) 810-9604  
Margaret.roelants@gmail.com |
| Overeaters Anonymous (OA) | Local/Regional Meetings:  
Mon. @ 6:45pm (Open Mtg.)  
The Church of the Holy Family  
381 Middletown, CT  
Contact: Michelle  
(860) 643-5053  
Tues./Thurs. @ 7pm (Open Mtg.)  
1 Liberty Square  
1st Floor, Conference Room  
New Britain, CT  
Contact: Wayne  
(860) 558-5354  
[Search for more meetings via website] |

Notes:

- This information is not intended as a substitute for professional medical care.
- Many of these resources also have virtual meetings accessible via their website.
- For meetings, please use contact information to confirm time/dates.