

SL: The long-distance approach to retirement
PH: Build endurance in your retirement strategy



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THE POWER OF STEADY PROGRESS.

Build endurance for retirement success.

Get started

If history has taught us anything, it’s that it pays to stay invested. In fact, since 1937, U.S. stocks have been positive for 76% of calendar years and have averaged a total market return of 19.97%.*

A long-term investment strategy gives you the advantage of time. Staying the course, even when the market gets tough, can help you track towards your retirement goals and better withstand short-term losses.



Having a solid plan is a great place to start. Learn more about the benefits of a long-term approach to investing with the help of a TIAA Financial Consultant. A financial consultant will work to understand your goals and make account recommendations to help you achieve them.

[Get started](#)

Ready to take a deeper dive into long-term investing? We have the insights you need to make retirement planning decisions with confidence.



Read our latest article that explains the value of time in the market and compound growth: “Save for Retirement by Embracing the Long-Term”

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A TIAA Financial Consultant will be available at your workplace the week of <XX>. They can help you review your account and make sure your long-term strategy is on point.

[Schedule now](#)

We’d like to hear from you!

How do you feel you are progressing toward meeting your retirement goals?



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*Source: Factset, As of 31 Dec 2024.

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