DIABETES & Your Dental Health

What does diabetes have to do with the mouth?

- Dentists are able to detect signs of diabetes in the mouth, which is another reason to stay on top of dental checkups.
- All food we eat is turned to sugar and used for energy. Diabetes affects your body’s ability to process sugar.
- Diabetics are more susceptible to infections, putting them at an increased risk of developing gum disease.
- Diabetics with gum disease who receive frequent dental cleanings have lower glucose levels than diabetics who do not.
- This makes dental care extra important for those with diabetes!

Diabetes is responsible for 1 in 5 cases of tooth loss.

SOURCES: