|  | TUES | WED | THURS | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 am |  |  |  |  |  |  |
| 8 am |  |  |  |  |  |  |
| 9 am |  |  |  |  |  |  |
| 10 am |  |  |  |  |  |  |
| 11 am |  |  |  |  |  |  |
| 12 pm |  |  |  |  |  |  |
| 1 pm |  |  |  |  |  |  |
| 2 pm |  |  |  |  |  |  |
| 3 pm |  |  |  |  |  |  |
| 4 pm |  |  |  |  |  |  |
| 5 pm |  |  |  |  |  |  |
| 6 pm |  |  |  |  |  |  |
| 7 pm |  |  |  |  |  |  |
| 8 pm |  |  |  |  |  |  |
| 9 pm |  |  |  |  |  |  |
| 10 pm |  |  |  |  |  |  |
| 11 pm |  |  |  |  |  |  |

DIRECTIONS: Fill in all regular appointments, classes and work schedules for the semester. Indicate instructors' open hours. Use a different color for each course. Count out 36 hours of study time. Assign at least nine hours of study time for each course (match with class color). Include exercise, recreation, and relaxation time. Be reasonable, realistic and respectful of yourself!

