TRAVEL DECISION TREE

Consider the following when deciding whether or not to fly

Could you attend virtually?
- No
- Yes

Why do you want to attend in person?
Are there other ways of exchanging this information?
Could you live stream the event?
Do you need institutional support to participate virtually?

Is your destination under 350 miles?
- No
- Yes

Factor the time and cost needed to go to and from the airport as well as the flight itself - flying is not often much faster or cheaper.
Use the travel footprint calculator at bit.ly/travelcalculator to calculate your carbon footprint using different travel modes.

Flying is often the only practical option for long-distance travel. Ask yourself:
Could you combine this trip with other work-related activities to maximize the trip's benefit?
Is this trip worth the time away and impact on the climate?
FLIGHT ALTERNATIVES

Looking to reduce your carbon footprint? Consider these flying alternatives for trips under 350 miles:

1. **Driving alone in a car** reduces your carbon footprint by about 50% compared to flying.
2. If you **carpool or drive a fuel-efficient car** you can cut your footprint even further.
3. Riding the **bus** has the fewest emissions, with **train** a close second - try the **Middletown Area Transit Route 590 bus** to get to Meriden Train Station, which can connect you to Bradley Airport or New Haven Union Station.

Middletown to Washington, DC (RT)

- **Airplane + car**
- **Car (25 mpg)**
- **Car (50 mpg)**
- **Train + car**
- **Bus + car**
CHOOSE THE FLIGHT WITH THE LOWEST EMISSIONS

Still need to fly? Emissions per passenger can vary greatly between different flights on the same route. Choosing a different itinerary for the same trip could result in up to 63% lower emissions. Here's how:

1. Don't stick to one airline, pick the itinerary with the lowest emissions:
2. Choose a direct flight
   a. Most emissions occur during takeoff and landing
3. Choose your seat class wisely
   a. Business Class = 3X as many emissions as Economy
   b. First Class up to 9X as many
4. Compare emissions with Google Flights

![Image of flight comparison table]
FLY MORE SUSTAINABLY

Once you've chosen the flight with the lowest emissions, you can further reduce your environmental impact by following the tips below.

1. Pack light
   a. The heavier the plane, the more fuel it consumes

2. Don't print your boarding pass; use the airline app or download your e-ticket

3. Lower your window shade
   a. Sunshine warms the plane and requires more fuel to cool it down

4. Bring your reusable water bottle
   a. Fill it up before you get on the plane

5. Say no to single use items on the flight
   a. Pack snacks ahead of time so you don't go hungry