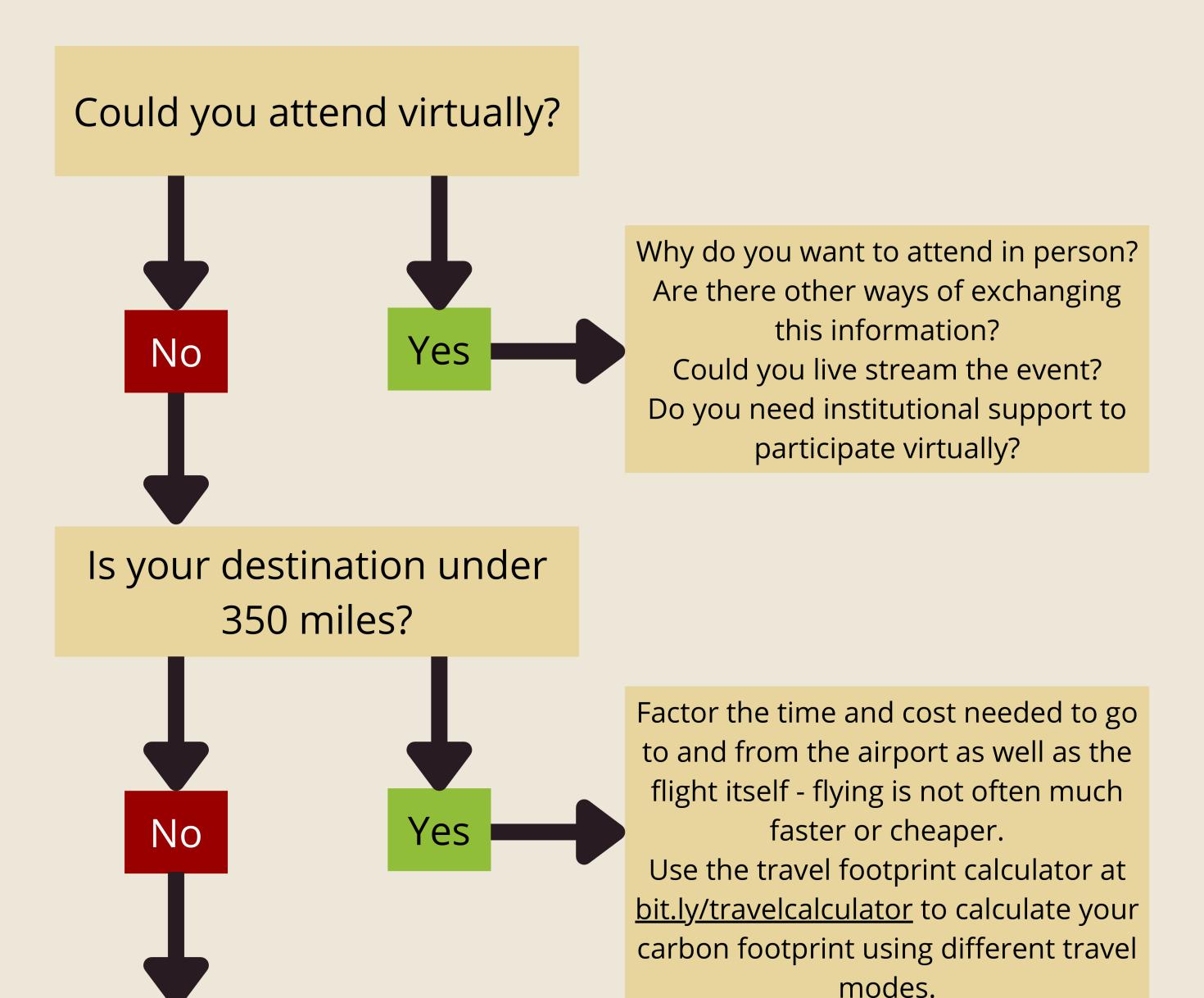
# GUIDE TO SUSTAINABLE TRAVEL



August 2022

## TRAVEL DECISION TREE

Consider the following when deciding whether or not to fly



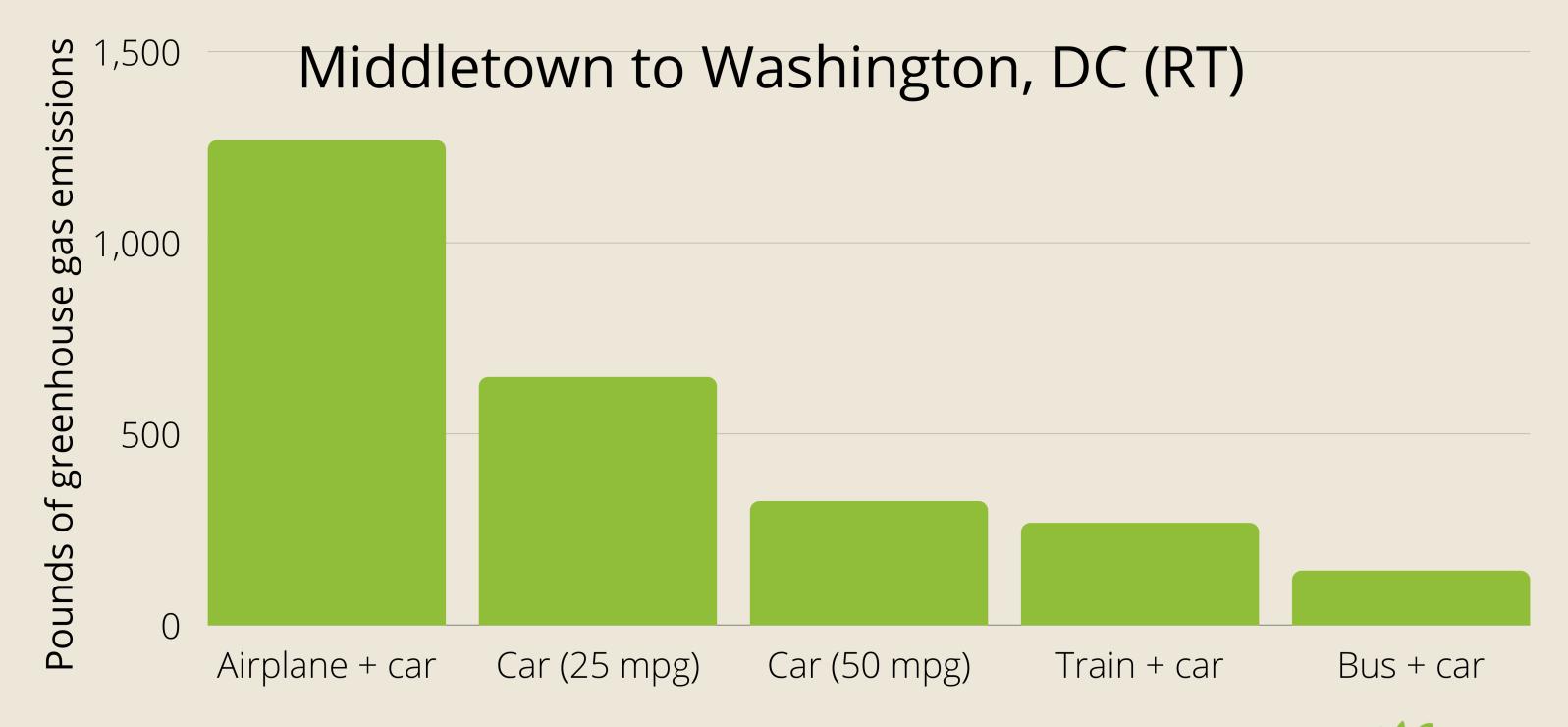
Flying is often the only practical option for long-distance travel. Ask yourself:
Could you combine this trip with other work-related activities to maximize the trip's benefit?
Is this trip worth the time away and impact on the climate?



## FLIGHT ALTERNATIVES

Looking to reduce your carbon footprint? Consider these flying alternatives for trips under 350 miles:

- 1. **Driving alone in a car** reduces your carbon footprint by about 50% compared to flying
- 2. If you **carpool or drive a fuel-efficient car** you can cut your footprint even further
- 3. Riding the **bus** has the fewest emissions, with **train** a close second try the **Middletown Area Transit Route 590 bus** to get to Meriden Train Station, which can connect you to Bradley Airport or New Haven Union Station





# CHOOSE THE FLIGHT WITH THE LOWEST EMISSIONS

Still need to fly? Emissions per passenger can vary greatly between different flights on the same route. Choosing a different itinerary for the same trip could result in up to 63% lower emissions. Here's how:

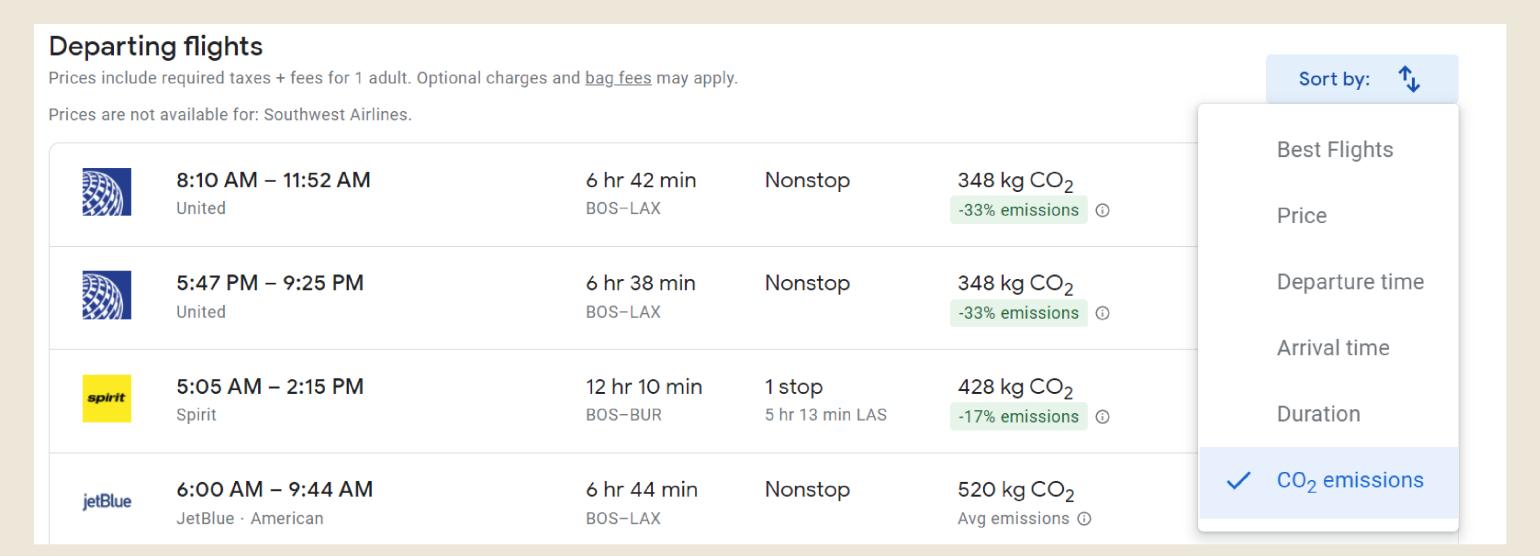
1. **Don't stick to one airline**, pick the itinerary with the lowest emissions:

#### 2. Choose a direct flight

a. Most emissions occur during takeoff and landing

#### 3. Choose your seat class wisely

- a. Business Class = 3X as many emissions as Economy
- b. First Class up to 9X as many
- 4. Compare emissions with Google Flights





## FLY MORE SUSTAINABLY

Once you've chosen the flight with the lowest emissions, you can further reduce your environmental impact by following the tips below.

#### 1. Pack light

- a. The heavier the plane, the more fuel it consumes
- 2. **Don't print your boarding pass**; use the airline app or download your eticket

### 3. Lower your window shade

a. Sunshine warms the plane and requires more fuel to cool it down

## 4. Bring your reusable water bottle

a. Fill it up before you get on the plane

# 5. **Say no to single use items** on the flight

a. Pack snacks ahead of time so you don't go hungry

Wesleyan

Sustainability
Office